

YACCA NO SAI

OPEN

STEP BACK \bar{e} LEFT CROSS HIGH BLK

SHUFFLE FWD OPEN FORWARD SMASH

CLOSE SAI

DBL GEDAN

DBL THRUST

STP FWD RT FT. - ^{POST} LEFT OPEN BLK

CLOSE

STP FWD RT FT - PUNCH

SEQ #2 { WAGGLE
GEDAN
PUNCH - PUNCH

SEQ #1 { DBL CHUDAN
DBL GEDAN
DBL PUNCH

PIVOT TO LEFT 98° - GEDAN - JODAN (LEFT HAND)

STP FWD - PUNCH

SEQ #2 { SPIN 180° ON RT FT - GEDAN - JODAN (RGT HAND)
STP FWD PUNCH

{ SEQ #2

OPEN SAIS - PIVOT TO DIR #2

SEQ #1

LFT TIGER

RGT TIGER

{ SEQ #2

SEQ #1

OPEN SAIS

RT FT MOVES 290° TO LFT (CURLW)

DBL GEDAN BLK OPEN

188° DB (SHIFT)

CROSS BLK 0 SA1 - DIR #1
^{PIVOT TO}

STEP FWD
RT FT DOUBLE OPEN STRIKE
^{IN FRONT}

CROSS OVER 0 LEFT FT - BLOCK
^{SIGHTING}

CROSS BEHIND - CLOSE LFT SA1

RIGHT OPEN STRIKE IN RIGHT CROSS-LEGGED STANCE

LEFT FT BACK

LEFT CRANE OPEN - DBL BLK

RT CRANE

STEP FWD - RT THrust STRIKE OPEN (KIAI)

CLOSE SA1

STEP BK 0 RT FT - LEFT CLOSED BLK

LEFT FT RIGHT CLOSED CROSS-BODY BLK

LEFT FT TO RIGHT, CRANE - SINGLE OPEN BLK

GEDAN BLK

PUNCH - PUNCH

LEFT CRANE - SINGLE OPEN BLK

RT GEDAN BLK

PUNCH - PUNCH

LEFT GEDAN BLK

DROP SAIS

STEP FWD ~~TO~~ FUDA DACHI - CROSS HAND BLKS

STEP FWD RT DBL STAB

" LEFT CROSS - STABS

" RT DBL STAB

DROP SAIS - OPEN - CLOSE

BACK TO KIBA -- TEAR

STEP BK 90° to RT FT - HIGH OPEN BLKS

DROP HEAD - PUNCH TO FLOOR

STEP BK to LFT FT -

DBL SIDE-BODY BLOCKS.

SHIFT UP - LFT HIGH BLK

RT LOW BLK

STEP BACK TO CLOSE