



# International Kwanmukai

## NEWS

## Spring 2022

### 2022 Kwanmukan Symposium MARCH 4-6 • STOW, OHIO



The 2022 Kwanmukan Symposium was attended by approximately 30-40 individuals, at different times. It followed past symposiums in that Friday night focused on combative activities, Saturday focused on karate and kobudo, and Sunday focused on Kwan Kang Cheong Kwan in the morning and Ju Jitsu the rest of the day. Unlike previous years, the 2022 symposium was something like a recertification event. Each session had a panel, comprised of differing KMK Sensei and Shihan. Each person who attended a session was asked to have a panel member attest to their attendance at that session. Subsequently, for those who submitted their attestations, a certificate was awarded to them, indicating that they had completed important training in key Kwanmukan principles. This was a great opportunity for KMK members to refresh their knowledge and learn new aspects of the rich and broad art known as Kwanmukan.

## Awards presented at the symposium included Lifetime Achievement, Shihan and GEA Memorial Award

Ms. Shelly Howe started training with Hanshi Overholt in January of 1983. She achieved her 1st Dan 1989 at Mr. Anderson's Dojo on Kenmore Blvd. and began teaching children at the Ashland YMCA in the fall of 1990, where she continues to teach. Ms. Howe is a licensed professional clinical counselor and has worked in the field of mental health for 47 years, specializing in treating abuse and trauma as well as PTSD in first responders and military personnel.



**Mr. Curtis Smith** has been engaged in the martial arts for more than 45 years. After a collegiate football career at the University of Pittsburg, where he participated in both the Sun and Fiesta Bowls, Mr. Smith devoted himself to martial arts training

winning more than 400 trophies as a competitor in both karate and taekwondo. Shihan Smith is a state certified police and self-defense instructor in Pennsylvania and has been engaged in law enforcement for 40 plus years. In 1995, he was appointed by the City of Pittsburgh to serve as Commissioner of Human Relations, where he reviewed cases involving discrimination, hiring practices and housing issues. Shihan Smith is the author of the book *The BYAM Method of Self Defense: Your Protection Against Assault*.



## Sensei Rich Arter awarded George E. Anderson Distinguished Service Award

The George E. Anderson Distinguished Service Award this year is presented to Sensei Richard Arter. Rich has worked diligently since the death of Hanshi Anderson to add structure and help sustain and transform the Kwanmukan into an organization well-prepared for the future. We are now beginning to see the



culmination of a lot the work of the past number of years with the adoption of our new constitution, an emerging strategic plan and a new high-dan ranking procedure. Together with his peers on the board and other Kwanmukan members, Rich has helped keep the Kwanmukan alive and well.

## Introducing: The KwanMu Monologues

When I was a 12 year old green belt training with Shihan Curtis Smith, he told me that someone named “Master Anderson” would be visiting our Dojo in Pittsburgh. As a kid, I really had no idea what this meant; was it an exam, a demo, a special class? Master Anderson’s visit was memorable to say the least, a larger than life figure who I admired and would come to know him as a mentor and world class martial arts intellect over the course of the next 4 decades. As many of you know, Mr. Anderson would often talk about the intellect and quality of our people in the KwanMuKan. Our organization has people from all walks of life and is truly a cross section of the world. As I’ve reflected back on my nearly 50 years of training in Karate, Jiu-Jitsu/Judo etc, I think about the multitude of experiences and critical moments of development as a practitioner and more importantly, as a person. I often think of accumulated “moments” of significance as a way to frame and encapsulate the martial arts journey.

Several months ago, I had a conversation with Hanshi Pat Hickey about how to better share our accumulated moments of significance with the larger KMK family. From that conversation, I requested permission to start a Podcast featuring highlighted KMK personnel as well as others from our affiliated organizations. For this effort, I will serve as the Podcast interviewer. The goal of the Podcast is simple; to share moments of significance through dialogue and conversations about the martial arts and what the KMK means on a personal and professional level. The idea is to give “listeners” greater insight into our people and their respective experiences as martial arts practitioners and human beings. We are recording the Podcasts now and will establish a cadence for the release. It is our intent to have these Podcasts available for “on demand” listening. Stay tuned!



*P.S. I almost forgot to mention...this is going to be big fun!*

**Shihan Ron Layton, Ph.D. 8<sup>th</sup> Dan**



## *Meet Our Newest Kwanmukan 7th Dan, Renshi and Shihans*

### **Northeast Martial Arts Academy founder Larry Whelan earns 7<sup>th</sup> Dan**

Larry began his training with Shihan Jeff Ellis back in 1977 and received his first kyu ranking in Central Taekwon Do Association. Larry attended Baldwin Wallace college in the late 80s where he organized and ran the BW karate club.

During the 90s and early 2000s Larry trained and instructed at International Karate centers under the direction of Jeff Ellis.

In 2011, Larry started Northeast Martial arts in Westlake. Currently in its 11th year of operation NMA conducts weekly small group classes and specializes in one on one sessions with special needs students.



### **Anthony Harmon, awarded Renshi**

Tony Harmon started his Karate training in 1998 with Kyoshi David Ames and is still with him today. He spent a few years in the early 2000s with Hanshi Anderson, traveling with him on his Kwanmukan USA team, competing at the national and international level. Mr. Harmon had the honor and privilege at that time to train with many other Shihans and Senseis. In 2004, he was recognized by Mr. Anderson as a Kwanmukan Sensei. Since then he has earned his national referee certification with USAKF/Kwanmukan. In 2002, he started teaching for Kyoshi Ames at his satellite school and continues to teach there. In October 2020, he, and long-time friend Chris Bader, took over the Kwanmuzendokai and re-opened it as Josho Academy of Martial Arts. There he continues his training under Kyoshi David Ames



### **William Stefanacci**

I was a wrestler in high school and my karate training started in 1981 in the University of Arizona phys ed department with Shorin Ryu. After a few years and belts, I moved to San Francisco and took up with the American Tae Kwon Do Association for a brief time, and in 1987 I answered a posting from Shihan Michael Ayers who was starting a new school in a community center in my neighborhood. Shihan Ayers awarded me a black belt in 1991, and I inherited the day to day operations of the school when he moved away in 1993. In the mid 90's I lived in Prague, Czech Republic for 6 months and practiced with TyGa karate there and a Shotokan school. Back home, Shihan Ayers led me to the study of iaido and aikido with his teacher, Takahashi Iichen, and I continued to study Muzo Jikkiden Eishin Ryu iaido with his senior student, Tom Helm sensei. I also practiced with Heart of the Mission Aikido in San Francisco. And although only a few of us from the core karate school practice sword, the samurai arts of aikido and jo, (four foot staff), became part of the school's regular curriculum.



After a time, Shihan Ayers named our school Tsuki Kage Ryu, the Moon Shadow style. He opened a commercial chapter in Santa Rosa for a while and continued to seek teachers and other schools to partner with while supervising our San Francisco school with occasional visits, and he was always in attendance for promotions. We have held many events over the years, including an annual retreat for 14 years in a row,



where we hosted guest teachers and their students from many different arts. After an absence from the Kwanmukan for a few years, Shihan Ayers reestablished contact with George Anderson, and was ultimately promoted to 7th dan and Shihan by him. So once again, our school was directly influenced by the KMK, including the delivery of Anderson's Kwan Kong Chiang Kwan kata. Shihan Ayers and I attended what KMK gatherings we were able, and in 2019 were both inducted into the KMK Hall of Fame.

The pandemic forced our regular class schedule into video conferencing. Although the practice is obviously fragmented without any actual partner

work, the core roster of TKR continues to meet for 3 classes per week without fail. We're definitely missing our kumite practice, but our kata has never looked better!

Having recently moved to Mexico, I am already taking steps to open a school here someday soon. I went rolling with a jujitsu school here in my town and already found some people interested in filling out their martial arts resume with some striking arts. A long term process to be sure, but the Kwanmukan now has representation in Baja.

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## Todd Freeman Cuyahoga Falls Natatorium

Almost 40 years ago the Cuyahoga Falls Parks and Recreation department partnered with Shihan Jerry Andrea and the Kwanmukan to create the Karate/Jujitsu/Kobudo program at the Natatorium (Nat). Shihan Brian Pendleton joined the program shortly after that, teaching, training, and running women's anti-assault programs.



*Adult Karate and Jujitsu at the Natatorium*

During that period, there were multiple moves, starting at Bolich Middle School, to the Quirk Cultural Center, and finally settling in at its current location, at the Natatorium on 4<sup>th</sup> street in Cuyahoga Falls. Only a few of us from that original group remain (myself included!), and can remember with "fondness" running bleachers, rolling out the wrestling mats for jujitsu at Bolich, and running stairwells at the Quirk center.

Throughout that period, one thing has remained the same, "a strong consistent internal standard, quantifiable, integrated, and related"! The instructor staff currently consists of Shihan Brian Pendleton, Renshi Todd Freeman, and Senseis Scott Craig, Ray Leon, and Mark Creswell. Sensei Ralph Obert handles promotion forms, student equipment purchases, and performs all of the administrative work required to support the program (all while running his own program nearby).

A typical class consists of stretching & warmups, line drills, kumite, kata, and partner drills (sound familiar?) About once a week we get out the mats for some jujitsu practice, and hopefully soon we'll be getting back to a regular monthly martial fitness class, consisting of heavy bags, battle ropes, sprinting & weight drills, (we have access to new weight sleds now!), usually ending with a spirited "friendly" round of dodgeball. Our "weapons cage" is fully stocked with bo, sai, tonfa, re-breakable boards and all of the pads and associated equipment you would expect to find in any dojo. It goes without saying that enrollment in the adult karate program grants full

access to the entire facility to continue personal training. A strong kid's program has helped sustain and grow the adult program throughout the years. The Natatorium offers regular free "try it out" promotions several times a year, helping to maintain and grow the kid's program. Covid did take its toll for a couple of months, but the Nat didn't stay closed for long – they followed state protocols and allowed us to continue by marking spaces on the floor and following a non-contact method of training (we did a lot of kata!).

The City of Cuyahoga Falls has been a tremendous supporter of the program, they collect and disperse testing funds back to the program, while also following Hanshi George Anderson's final request to disperse a portion to Carol Hoefler. They provide free one-time passes to special guest instructors, understanding the need to occasionally bring in outside experts for specialized training. This is not your average "city program," we are a dedicated group of loyal students and instructors, committed to maintaining the legacy and guiding principles



Not all work and no play!

of George Anderson and the Kwanmukan. We have the best of both worlds, we have a tremendous facility, great city support, and can focus almost exclusively on training, without the associated costs (and worries) of running a commercial dojo. Special thanks to Shihan Brian Pendleton, for his many years of inspirational leadership, and for creating a solid foundation that will last for many years! The program would not be possible without the tremendous support of the Natatorium staff, especially program supervisor Judy Conway, and Natatorium Director Lori Visner.

## Steve McKay Mansfield Martial Arts

Steve McKay began his martial arts training with Hanshi Larry Overholt in 1994 at the Ashland YMCA. He earned a black belt in Kwanmukan Karate in 1997. With Hanshi Overholt's guidance and support Steve started the Mansfield Kwanmukan Martial Arts dojo in Mansfield, OH, where he resides. He also taught an after school karate program for neighborhood kids until the beginning of the COVID-19 pandemic.

In 1999 Steve was hired by the Mansfield Fire Department where he gained certification as a firefighter, paramedic, and hazmat technician. He was promoted to lieutenant in 2014. Steve has been able to share his passion for the martial arts with his coworkers, offering defensive and control techniques that relate to certain fire and EMS situations.

*"I've been very lucky to have trained with some of the best martial artists around. My evenings spent training with Hanshi Overholt and the chances I've had to learn from Hanshi Anderson and all other Kwanmukan yudansha have given me the confidence to pass along knowledge to my students, and my experiences in the martial arts have enabled me to overcome many of life's challenges. I'd really like to thank all those who have helped me in my training, especially Hanshi Overholt. I appreciate your time in helping me to grow as a martial artist. I'd also like to thank all the students who have taken part in my evolution as an instructor, and my current students who continue to train and work hard in their growth as martial artists. Kwanmudo!"*



# Family Defense

*By Shihan Woody Wilson*

I believe that one of the main reasons someone starts training in Karate, Taekwon Do, Judo, and Jujitsu is that it was advertised as self-defense. Most students that continue to train and advance in rank see their martial art as something more than self-defense, they see it as a lifestyle first and then self-defense as a secondary benefit. At my age I believe that family defense is the main reason to continue learning the martial arts. My competition days are long past, so I must concentrate my efforts in another direction. My first efforts were to learn and teach several different martial arts, such as Tae kwon Do, Karate, Aikido, and Judo in my twenties, thirties, forties, and fifties. Now in my seventies I no longer can compete with those younger students. That fact does not stop me from seeking out training that will interest and benefit me for the rest of my life! Family defense is what my continued learning is centered on. I strongly believe that the reason I am here is to protect my family. I have grown children and young grandchildren and believe that it is my responsibility to protect them from harm when I am with them. I also realize that if I cannot protect myself, who will protect them. It is my responsibility to learn and train to protect myself at my age to be able to protect my family! Since I am no longer young, I cannot expect to do the techniques of my youth and defend myself against much younger, stronger, and multiple attackers. I must change how I look on self-defense and the training and techniques that I study. Therefore, I am studying to be a better Family Defender, now and in the future. I do believe that Traditional Martial Arts are valuable for most students! The problem is that I am not most students -today and tomorrow!



Woodrow E. "Woody" Wilson  
Ninth Degree of Black Belt  
Founding Life Member  
Kwanmukan Black Belt Society

## **Kwanmukan Membership and Life Membership**

Remember to renew your annual dues in the Kwanmukan. The Kwanmukan has set January 1 as the renewal date for all dues. The membership database needs to be kept updated. To ensure you receive all important notifications, make sure you register this year! Visit [https://events.member-solutions.com/event\\_register.asp?content\\_id=70861](https://events.member-solutions.com/event_register.asp?content_id=70861) to register online

## **Concussion Protocol**

It is strongly encouraged that all instructors complete the CDC Heads Up Course. This course meets requirements in Ohio those who coach youth. This free, online course is available to all coaches and parents. Access Centers for Disease Control and Prevention (CDC) HEADS UP to Youth Sports: Online Training at <https://www.cdc.gov/headsup/youthsports/coach.html>. This may be required depending on the

# Dojo News

## North Carolina Kwanmukan - Winter Update

Hanshi Wilcox and Shihan Rhodes continue to teach students privately (law enforcement and civilians) throughout the week and on weekends.

Also, annual guest instructors at seminars throughout the South East.

Shihan Rhodes teaching at Ju Jitsu Seminar for the Henderson Kenno Ju-Jitsu Academy Anderson SC



Shihan Rhodes teaching Women's Self Defense at North Henderson High School to the Women's Varsity Basketball Team, Hendersonville, NC



Shihan Rhodes Teaching Kumite to Karate Competitors at Newtons Shorin Ryu on the weekends getting them ready for upcoming AAU competitions in the South East, Shelby, NC (photo attached)



**2021 Shuri-Te Martial Arts International Conference**  
Hanshi Wilcox and Shian Rhodes, Chief Instructors, Fort Mill, SC



# Dojo News *continued*

## International Karate Centers - Winter Update



International Karate Centers held an inter-dojo tournament in February. Two separate age groups participated and gained some valuable time in front of inter-dojo judges.



**Parents and teens encouraged to attend:**

### **The Rotary Club of Strongsville**

Presents

#### **Strongsville Community Forum on Human Trafficking:**

**Protecting your kids from sex trafficking predators**

Wednesday, April 6, 2022

7:00 to 9:00 p.m. (Doors open at 6:30 p.m.)

Strongsville Middle School

13200 Pearl Road, Strongsville, Ohio 44136

Featuring:

- Alicia Ley, Program Coordinator, Collaborative to End Human Trafficking;
- John Morgan, Cuyahoga Regional Human Trafficking Task Force;
- Dave Frattare, Statewide Commander, and Kathleen Caffrey-Garnett, Statewide Outreach Coordinator, Ohio Internet Crimes Against Children Task Force.

Organizations involved in prevention, awareness and survivor treatment and advocacy are invited to reserve a free information table at the event. Please reserve by April 1.

**The Strongsville Rotary is organizing the forum in partnership with the Collaborative to End Human Trafficking, Strongsville City Schools, the Strongsville City School District, the Strongsville Police Department, the Strongsville Fire Department and Mimi Magazine.**

For more information, contact:

Jeff Ellis, 216-469-0245, [lkc4karate@roadrunner.com](mailto:lkc4karate@roadrunner.com)

Ken McEntee 440-238-6603, [ken@kenmcentee.com](mailto:ken@kenmcentee.com)

## **Portage Lakes Kwanmukan**

Sensei Zachariah Camp invited **Richard Gibson** to jujitsu and self-defense seminars hosted by Portage Lakes Kwanmukan this year.



# Jim Mather

## *Receipt of Living Legend Award from US National Karate Association*

### Article by Jim Mather on George Anderson

I consider it a blessing to have known and been allowed to spend time with Hanshi George Anderson. We met by accident. It was at a time when everyone was talking about Karate becoming an Olympic Sport and I wanted to get involved.

I had only been a member of the USAKF briefly when I heard about a joint workout and friendly competition between our national team and Mexico's in Toluca, Mexico. I immediately asked permission to accompany them just as an interested instructor and was approved.

I took Ron Vick, one of my top fighters with me and flew to Mexico. Although Ron wasn't on the team and allowed to fight, I hoped he might get a chance to work out with them and show his abilities. And that was what happened. He trained with our national team while there, which gave him an opening to travel with the team in the future as a team member.

I had hoped to get an opportunity just to meet Hanshi Anderson and introduce myself. But as it turned out, he welcomed me and took me with him wherever he went. He told me that he had been searching for a traditional writer who could get USAKF stories published in the major martial arts publications, which I could do and had been doing for several years.

I was a frequent feature writer for several of the martial arts magazines. And I also wrote a monthly column for Black Belt. As luck would have it, Hanshi Anderson was looking for someone to help publicize the USAKF. So, we spent a great deal of time together while in Mexico. He included me in whatever he did – meeting our coaches, having dinner with the Mexican officials, as if I were already a member of the team. Soon, I was asked to accompany him in his travels for the association and flew around the world.

Traveling with Hanshi Anderson was always a unique experience. It was never a relaxed, laidback journey. It was always both challenging and educational, like a PhD level course in Karate. And there was always a quiz at the end.

“What's the five worst sins an official can commit?” he might ask.

“What are the three key factors relative to stances we need to remember?”

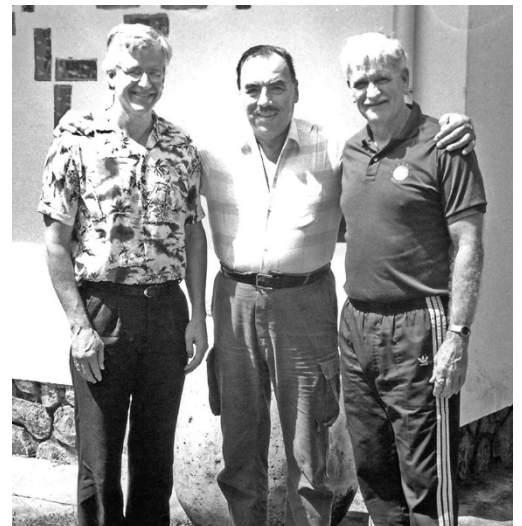
“Forward is forward; back is back; and middle is middle.”

“What to remember when transitioning from stance to stance?”

“When you move, move. When you stop, stop.” Meaning hold nothing back when you perform an action in a kata, then stop all movement whatsoever, no matter how slight.

He was a brilliant man who found things in all areas of science and the world around us to apply to karate. For example: while we were flying to Costa Rica for a competition, he asked me if I understood Rates of Closure. I didn't know what he meant. He explained to me that in a competitive match, one's opponent would, on average, attempt to close and attack you 8 times. If your defensive skills were not great, this meant he would have several good opportunities to score on you and win the match.

So, what could you do to decrease his number of attacks, thereby decreasing the likelihood of him scoring? To learn how to do that, how to decrease an opponent's number of attempts, I'd have my students



experiment with various ways to achieve it. If he were a defensive fighter, who didn't have very good attack skills, you may want him to increase the number of attack attempts.

I've always found it valuable to see not only what brilliant men and women had to say but also their thinking process. At some point, he told me where he had gotten the concept of decreasing and increasing rates of closure. He said it was how they calculate the speed at which helicopters attempt to land in poor visibility.

Hanshi Anderson was President of the USAKF, which had been designated as the official national governing body for Karate in the United States by the United States Olympic Committee (USOC). This made it the official national organization for the selection and training of those who would represent the United

States in official international competition. In addition, he headed PUKO, the official hemispheric representative for Karate. And he was also 1<sup>st</sup> VP of WUKO/WKF, the official world governing body for Karate, which would oversee world competition at the Olympics when that day came. Although he had been very active in attempting to get Karate into the Olympic, it didn't happen within his lifetime. But he did manage to get Karate into the Pan Am Games.

George Anderson was a giant in the Karate world and a man who I was fortunate to count as my mentor and friend.



## 2022 Kwanmukan Special Recognitions and Dan Promotions

Name	Award	Style	Date	Dojo
<b>Harvey Glover</b>	CTA Hall of Fame	Taekwondo	1/1/2022	CTA
<b>Angela C. Isenbart</b>	Dojo Sensei	Hudson Karate Center	1/1/2022	Hudson
<b>Tom Pillitiere</b>	Dojo Sensei	Karate	1/1/2022	JoSho Academy
<b>Richard K Arter</b>	GEA Award	Kwanmukan	3/5/2022	Kwanmukan
<b>Ed Anich</b>	Godan	Karate	1/1/2017	Ames
<b>Grant Campbell</b>	Hachidan	Taiho Jujitsu	3/1/2021	USAKF
<b>David Chance</b>	Hachidan	Jujitsu	11/1/2022	USJJF
<b>T. R. McClanahan</b>	Judan	Judo	11/1/2022	USATKJ
<b>Abram Eales</b>	Junior Black Belt Level 1	Karate	5/15/2022	Lance's Center for the Martial Arts
<b>Micah Duncan</b>	Junior Black Belt Level 1	Karate	5/15/2022	Lance's Center for the Martial Arts
<b>Abram Eales</b>	Junior Black Belt Level 2	Karate	1/22/2022	Lance's Center for the Martial Arts
<b>Micah Duncan</b>	Junior Black Belt Level 2	Karate	1/22/2022	Lance's Center for the Martial Arts

<b>Ken Ferguson</b>	Kudan	Karate	11/22/2021	Hombu
<b>David Ames</b>	Kudan	Karate	1/1/2022	Kwanmukan
<b>Pamela Hickey</b>	Kudan	Karate	9/1/2021	Kwanmukan
<b>Curtis Smith</b>	Lifetime Achievement	Karate	3/5/2022	Kwanmukan
<b>Sherry Howe</b>	Lifetime Achievement	Karate	3/5/2022	Kwanmukan
<b>Anthony Harmon</b>	Nidan	Kobudo	8/22/2021	JoSho Academy
<b>Ram Kuar</b>	Nidan	Karate	6/15/2021	Nepal
<b>Luke Driscoll</b>	Nidan	Karate	2/24/2022	Ashland Kwanmukan
<b>Merle C Jones</b>	Nidan	Karate	2/24/2022	Ashland Kwanmukan
<b>Kathleen Duncan</b>	Nidan	Karate	1/22/2022	Lance's Center for the Martial Arts
<b>Anthony Harmon</b>	Renshi	Karate	1/1/2022	JoSho
<b>David Chance</b>	Rokudan	Judo	11/1/2022	USJJF
<b>Catherine Pillitiere</b>	Sandan	Karate	1/1/2022	JoSho Academy
<b>Daniel Chech</b>	Sandan	Karate	1/8/2022	JoSho Academy
<b>Rachelle Freeman</b>	Sandan	Karate	2/12/2022	Summit Martial Arts
<b>Carlos Wesley Miller</b>	Sandan	Karate	1/22/2022	Lance's Center for the Martial Arts
<b>Lary Whelan</b>	SchihiDan	Karate	3/5/2022	Kwanmukan
<b>Steve McKay</b>	Shihan	Karate	3/5/2022	Kwanmukan
<b>Todd Freeman</b>	Shihan	Karate	3/5/2022	Kwanmukan
<b>William Stefanacci</b>	Shihan	Karate	3/5/2022	Tsuke Age Ryu
<b>Lance Weimer</b>	Shihan Award	Kwanmukan	3/5/2022	Kwanmukan
<b>Stephen J Knerly</b>	Shodan	Kobudo	11/22/2022	Lakeland Karate Club
<b>Chris Bader</b>	Shodan	Kobudo	8/22/2021	JoSho Academy
<b>Donald W. Frazer</b>	Shodan	Karate	5/20/2021	Ashland Kwanmukan
<b>Gary Pelton</b>	Shodan	Karate	12/16/2021	Ashland Kwanmukan
<b>Grace E. McCrea</b>	Shodan	Karate	2/24/2022	Ashland Kwanmukan
<b>Ruth L. McCrea</b>	Shodan	Karate	2/24/2022	Ashland Kwanmukan
<b>Evan Till</b>	Shodan	Karate	1/22/2022	Northeast Martial Arts
<b>Stephen J Knerly</b>	Shodan Ho	Kobudo	5/17/2021	Lakeland Karate Club
<b>Christopher Ames</b>	Shodan Ho	Karate	2/12/2022	JoSho Academy
<b>Jose Moreno-Garcia</b>	Shodan Ho	Karate	12/18/2021	JoSho Academy
<b>Evan Till</b>	Shodan Ho	Karate	5/1/2021	Northeast Martial Arts
<b>Robert Kusek</b>	Shodan Ho	Karate	2/15/2022	Int'l Karate Centers
<b>Aidan Spear</b>	Shodan Ho	Karate	2/15/2022	Int'l Karate Centers
<b>Maxwell Cremona</b>	Shodan Ho	Karate	2/15/2022	Int'l Karate Centers

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## In Memorium



### Peter N. Timoch

Peter N. Timoch; beloved son of the late Kathlene and Robert "Nick" Timoch; dear Brother of James Timoch, John Timoch (Erin), Joseph Timoch (deceased), Mathew Timoch, Jason Timoch (Nancy) and Lisa Mahoney (Kevin); Nephew of Helene Hyvarinen (Gary) (both deceased), Nina Hannum, Pete Conomea (Daphne), James Conomea (Brandy) and Kevin Hannum.

Pete began his career at the University of Akron and graduated with an education degree. He taught self-defense classes at the university and was a member of the Tau Kappa Epsilon Fraternity. He was a Martial Arts Instructor and Kumate Coach, instructing hundreds of students in his sport, including students who became members of the US Karate Team. Pete won the Pan American Championships, was the US Karate Team Captain and 1992 USA Karate Federation Male athlete of the year. He traveled and competed all over the world and was the top International Medal Winner for the US Karate Team for 3 consecutive years, winning more than 1,000 matches over his career. Pete also enjoyed photography and was a rock climber setting up new routes at his favorite sites. He was a published expert on Native American arrowheads in the Midwest and enjoyed speaking with local farmers about the artifacts they found on their land. Pete will be remembered and missed by all who knew him, and we will cherish the memories of him. He was a dedicated, fierce competitor and a fun loving, soft-spoken person. May his memory be eternal.



### **Memories of Pete Timoch from former USA team member Rich Hammond**

*My first memory was when we were white and yellow belts in a Kenpo system in the Cleveland area. We routinely competed against each other in tournaments around the Cleveland area during high school – kind of a rivalry at that time. Then met up again at University of Akron at the Tau Kappa Epsilon (Teke) house, where we subsequently became pledge brothers and fraternity brothers. We commonly trained together in the basement of*

*the Teke house and the JAR arena as well as at the Hombu dojo with Hanshi Anderson. Pete eventually went on the track for international competition in kumite. Pete, Kyoshi Ames, and I proceeded to do U.S. team training every morning from 5 a.m.-7 a.m. for four years as commanded by Hanshi Anderson. Frequently motivating each other to get up at 4:30 AM to go train each day.*

*I feel honored to have been a part of his life and truly miss my old friend.*

## **Paul Thomas “Tom” Brown**

Formerly of Ashland, Paul Thomas “Tom” Brown passed away on March 13, 2022, in Ottawa, Ohio surrounded by loved ones. He was 82. Born May 13, 1939, in Meadville, PA to F. David and Margaret (Fisher) Brown. Tom was the younger of their two children.

Tom graduated with a B.A. from Grove City College in Grove City, PA in 1961, and earned his M.A in French from Michigan State University. He began his French teaching career at Fredonia High School in New York, where he met the love of his life, Sandy. Tom and Sandy were married on July 13, 1963, in Meadville.

Tom taught in the foreign language department at Michigan State before accepting an associate professor position at Ashland University (then Ashland College) in Ashland, OH. Tom had a rewarding career as French Professor at Ashland University and served as Chairman of the Foreign Languages department.

Tom is remembered by family and friends for many things: studies and extensive travel to France and cooking. He was also an amateur radio enthusiast. Tom used his amateur radio skills and equipment to help the City of Ashland in its response to the Great Blizzard of 1978. He and his brother Dave spent many hours working on family genealogy.

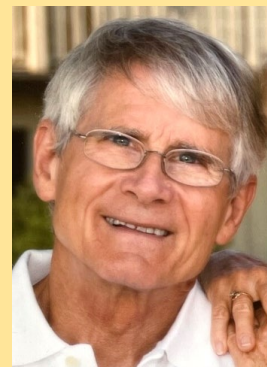
Tom became a runner in his late 30s and completed 25 marathons. Running was always a group activity for Tom because he loved the friendship.

In his retirement, he began to study karate and earned his 5th degree blackbelt with Shihan Larry Overholt at Ashland. As part of his love of martial arts, he volunteered to teach self-defense classes at Ashland High School as well as many other locations. He would often be seen doing ‘katas’ outside to practice and perfect his skills.

Tom is survived by his wife Sandra of Ottawa; a brother, David H. Brown of Leipsic; 2 daughters: Kimberly B. (Joe) Schroeder of Ottawa and Jennifer L. Brown of Newark; 7 grandchildren: Hannah Fowler (Jerred) Tolliver, Nathaniel (Julia) Fowler, Andrew Schroeder, Christian Fowler, Elizabeth Schroeder, Danielle Schroeder, William Schroeder and one great-granddaughter, Quorra Tolliver.

Funeral services were held in Ashland. Memorial donations may be made to Putnam County Hospice, 575 OG Road Suite 3, P.O. Box 312, Ottawa, Ohio 45875, or the Kwanmukan Foundation care of Treasurer, Kwanmukan Foundation, 20 E. Linwood Ave., Akron, Ohio 44301.

Condolences may be expressed at [www.lovefuneralhome.com](http://www.lovefuneralhome.com) or [www.denbowfh.com](http://www.denbowfh.com).

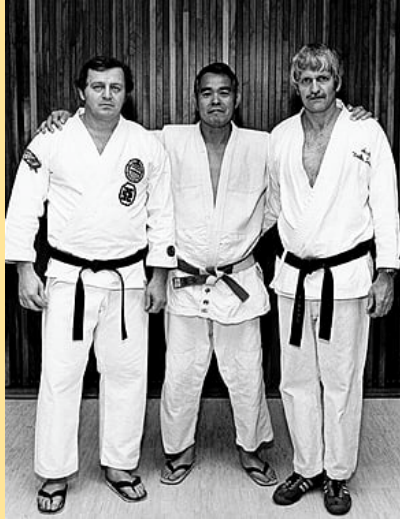


## **Master Phillip W. Koepfel**

He was a proud Navy veteran, devoted father, grandfather, great grandfather, uncle, and loving husband to Karen. He was also a devoted Catholic, who at one time in his life considered entering the priesthood.

He touched thousands of young men and women who looked to him for training in karate do and his resume is too long to recite here but know that he was known and respected worldwide as a pioneer in the spread of karate in the United States. He was unselfish with his time and generous in seeking out peers in the karate world he respected in order to broaden our knowledge and appreciation of this art that we do.

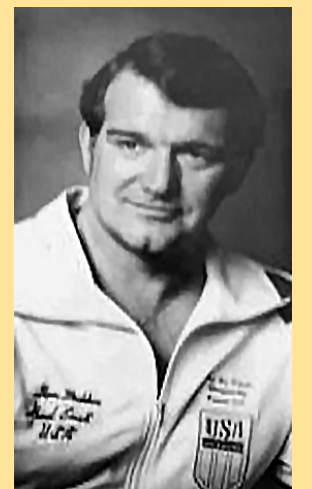




## Donald R. Madden

Donald R. Madden, 86, of Chillicothe, died 1:15 p.m. Saturday, Oct. 9, 2021, at his daughter, Heather Madden's residence unexpectedly from endocarditis and a continuous bacterial infection.

He was born Sept. 17, 1935 in Chillicothe, OH to Elmer W. Madden and Alice Blair Madden. Surviving are his oldest sister, Madelyn Good; his younger half-sister Vikki (Madden) Hodge and half-brother Michael Madden both of Ohio. His three daughters, Colleen Block Benjamin, her husband Jeff Benjamin, of Florida and Colorado, Heather Madden, of Dublin, Ohio and Maureen Madden, of Columbus, OH. His ex-wife Sheila H. McLachlan Madden, of Dublin, Ohio. His first cousin Lorna Blair Abbott, of Chillicothe, OH; and grandchildren: Alexandra (Alex) Madden-Beatley and Victoria (Tori Madden-Beatley) Edwards, Blair, Alexis, Sean and Don Madden. He was predeceased by his father, Elmer W. Madden, mother,



Alice Blair Madden, his youngest sister, Geraldine Madden, a niece, Melissa Good, along with numerous cousins, uncles, and aunts.

Don Madden was known all over the world as Supreme (Great) Grand Master (Soke), Don Madden of the Ko Sutemi Seiei Kan American Karate and JuJitsu Union, comprised of over 200 clubs across the United States and internationally. He put Karate and Jujitsu on the world stage starting in 1980, taking the USA Karate Team to the World Games in various countries all over the world. He was the first to start women's fighting competition. Inducted into several Martial Arts Hall of Fame. Don Madden was the Head Coach for the (AAU) USA Karate Team for over 15 years. He was a trail blazer and marched to the beat of his own drum. He was also an author of 2 Ju-Jitsu books and a children's book. He is in the book of: "Who's Who" and "Maters and Founders" just a few of among the many.

Funeral services were held Saturday, Nov. 6 at the Ware Funeral Home with Pastor Michael Hodge and Lynn Summers officiating. Burial of his ashes followed in Grandview Cemetery.

After the funeral, an Irish wake was held where loads of family, friends, laughter, storytelling, liquor, music, and dancing was had.



Shaun Ward, James Delgarbino, Pat Hickey, Carl Wilcox,  
Jeff Rhodes, Michael Antonides



Brian Walsh, Michael Antonides, David Chance, Jeff Rhodes

## Congratulations Class of 2022 USA Karate Hall of Fame and JuJitsu Hall of Fame





# 2022 KWANMUKAN SYMPOSIUM

