



International Kwanmukan NEWS

WINTER 2019



George E. Anderson Recognition Dinner and USA Karate Federation, PSDI, USJJF Hall of Fame Banquet

*A message from Patrick M. Hickey,
USA Karate Federation President, Director of the
Kwanmukan, and USJJF Technical Director*



The USA Karate Federation will be having its Hall of Fame Induction Ceremonies this coming March 9, 2019 along with a recognition dinner for George E Anderson and those who helped facilitate his efforts within the karate, jujitsu and karate activities in the United States. Hanshi George Anderson is generally considered the founder of the Olympic Karate movement in the USA. We will also honor and celebrate all the men and women, athletes and coaches, officials and administrators who participated and sacrificed over the many years to enable karate to reach the Olympics in 2020 and to recognize those individuals who helped him promote and develop his other major accomplishments.

continued on page 2

Register now for the annual symposium

The International Kwanmukan Symposium will be held March 1-3, 2019! All classes will be held at Hickey Karate Center, 450 Stow Rd., Stow, OH 44224. The center features 3 training areas and detailed,

fitness-related programs will be included using a 4th area of training at the same time.

The schedule of events can be found on page 4. The list of sessions will be sent in the days before the event.

This is both an invite to attend and a request for assistance.

The goal of the Hall of Fame is to call together those individuals who were involved in the following organizations from the late 1970's to Hanshi Anderson's passing in 2009. These include the USA Karate Federation and its forerunner the National AAU Karate Committee, Inc., the United States Jujitsu Federation and the Kwanmukan along with athletes, coaches, administrators, RSO leaders, black belt students, police instructors and others who promoted Anderson's efforts..

Here are the preliminary details of the event:

First, I want to invite you to be part of the Hall of Fame activities and to be inducted if you have not already been inducted. I am going through Hanshi Anderson's computer to make a list of prior inductees, and other categories are available.

Second, we will have a special recognition for Pioneers of the Karate effort for the Olympics. This award will be available to anyone already in the USA Karate Federation Hall of Fame.

Third, I would like you to make nominations for this event. This is a way to find everyone. I cannot remember everyone, nor do I have contact information for many, so your help in finding some individuals is appreciated. Your nominations should



Hanshi George Anderson

preferably contain email addresses.

Like all Hall of Fames, one reason to get together is to see everyone again and reflect on the powerhouse that Hanshi Anderson was during this time period with the greatest karate-ka and jujitsu-ka in America donating their time and efforts on behalf of common interests.

As with the policy for all of our Hall of Fame inductions, only those who appear in person will be inducted and those that do not will still stay eligible to be inducted at a later date. A few inductees may be unable to travel because of age or infirmity and exceptions may be made for those who are unable to travel to the event. A number of inductees are deceased - if anyone has an email address for the inductees' survivors, please forward it to me at the earliest so I can notify their spouse/family and induct them posthumously.

If you wish to make sure

someone else is included in the nominations, please forward their name, category (coach, athlete, referee, RSO Chairman or organizer, or National Staff) and preferably an email address of that individual as soon as possible. Otherwise, we will be unable to contact them. Once we know who has accepted and will attend, formal letters will be sent.

There will be an optional trophy-type award available for an extra cost if the inductee so desires. The details on this type of award will be announced to those who will be coming.

The induction ceremony and activities will take place at the SYB Hall 4157 Hudson Drive Stow, Ohio 44224 from 6:30 pm to 11:30 pm.

Tickets for the Hall of Fame induction ceremony and banquet are \$80 each. Purchase your tickets as soon as possible as the event is expected to be a sell-out. Register online at https://events.membersolutions.com/event_register.asp?content_id=76784 or send a check to **USA Karate Federation, 1550 Ritchie Rd., Stow, Ohio 44224**. Tickets to the induction ceremonies are on a first-come, first-served basis and cost will rise as we get closer to the event.

Please direct all questions to: Patrick M. Hickey, phickey@loveinsurance.com. or (330) 686-4540.

continued page 6

Philosophical Insights into Kwanmudo

A Commentary on the Philosophical Foundation of Kwan Mu

Source: 2011 Kwanmukan - Meaning of the Kwanmukan by Patrick Hickey



Hanshi
Patrick Hickey

Many people think of Zen as a religion and there is a religion called Zen Buddhism. However, the concept of Zen is really a means of coming to grips with yourself and the world around you. That is becoming comfortable with yourself and being a productive member of the society in which you live. Pure Zen transcends religion but does not rule out religion as a way of finding yourself. In this sense, anything that helps you realize and reach your potential is Zen.

Kwanmukan - Moving Zen

Kwanmukan considers Karate moving Zen. Enlightenment or Satori, the dynamic spirit of Zen, is not Zen itself, but the result of Zen training. Koans (kung an) epitomize the single path (do) or way followed by the enlightened man and present problems or barriers that have to be solved. They represent recorded principles that awaken in man the unique spiritual qualities of enlightenment. The method or way to enlightenment is different for each individual and can take many forms. Karate is just one way.

In Kwan Mu there are three fundamental efforts (kata) that provide barriers that when solved, permit the experience of kensho - seeing into one's own true nature. In this sense Kwanmukan "kata" become a method to clear understanding

of form and meaning of the person in the society in which that person lives and not just a martial arts system. Simply put, Kwanmukan helps you to understand yourself and your role as an individual throughout your life.

Today, we look at karate, jujitsu, judo, kobudo, aikido and other martial arts as separate systems of study. At the time of development of the Kwanmukan, karate as taught in the Kwanmukan was a blending of punching, kicking, throwing, grappling, barring, and weapons work. So while this writing uses the phrase "karate", Kwanmukan, as karate, developed from the influence and outlook of many martial methods. Kwanmukan physically represents the shared training many of early martial arts masters and includes programs from many and various martial arts styles and systems.

Zen Study & Kwan Mu

In the study of Zen, common koan (problems or barriers) presented to beginning Zen students are questions that deal with the understanding of self. Koan such as "Has a dog Buddha nature?" or, "What is the sound of one hand clapping?" refer to the original aspect - the understanding of life. The study of Kwan Mu and its physical koan has the same purpose.

In the philosophical study of kata, three things are needed:

- A great root of faith,
- A great ball of doubt, and
- Great tenacity of purpose.

You must believe that you possess your own intrinsic nature, that there is a fundamental principle that can be penetrated, and that through insight it can be realized. Doubt gets you to the bottom of the kata, and tenacity of purpose shatters doubt.

In the study of kata, the wisest thing to do is to forge straight ahead. Like rubbing two sticks together to get fire, the only way to success is to continue without stopping. Koan are essential to the study of kata. Some kata it must be realized, are designed to be drill forms for group exercise. The master kata are philosophical statements of the designer filled with barriers, which the tenacious practitioner will through training and proper direction surpass. These kata transcend time and mastery is itself timeless.

Sufficient faith is needed to approach or move towards realization. You must first have some comprehension of what you are approaching, and then make the correct application and stimulated influence to create the conditions for success.

Through karate, Kwan Mu, and therefore Zen, constant inward direction towards correct action will lead to an understanding of yourself and the world around you. From this step you will be able to contend with your life difficulties and to help and assist those you come into contact with in daily life.

continued page 6

Symposium Schedule of Events

Friday Evening

6:00-9:00 pm – Combatives Program

Saturday

8:30 am – Fitness

8:45 am – Yoga

8:30 am-5:00 pm – Karate-Oriented Program

45-minute lunch free time. A schedule of Saturday's sessions will be available in the days leading up to the symposium. Session topics are subject to change.

Saturday Evening

6:30 pm – Black Belt Extravaganza

An All-Kwanmukan Workout and Demonstration held at Hickey Karate Center and a 15-minute break is provided to report to the awards ceremony location

8:00 pm – Black Belt Certificates and Awards Ceremony

SYB Hall, 4157 Hudson Dr., Stow, OH 44224

This ceremony is the only event for the evening to make it more meaningful and symbolic, suitable for a martial arts organization.

9:30 pm (approx.) – Annual Kwanmukan Meeting

Sunday Morning

8:30 am – Fitness

8:30 am-Noon – Fitness followed by Kobudo-, Judo- and Jujitsu-related programming, Fencing, and other topics

Tuition options

- Entire Symposium\$167
- Friday Evening Combatives Only\$67
- Friday Evening Combatives with Saturday Awards.....\$87
- Saturday Daytime Only, No Awards\$129
- Saturday and Evening Awards\$149
- Saturday Evening Awards Only.....\$20
- Sunday Only with Saturday Awards\$67

Recommended lodging

- Hampton Inn
4331 LakePointe Corporate Dr.
Stow, OH 44224
330-945-4160
- Staybridge Suites
4351 Steels Pointe Dr.
Stow, OH 44224
330-945-4180
- Courtyard by Marriot
4047 Bridgewater Pkwy.
Stow, OH 44224
330-945-9722

All lodging is located near the celebration hall. Training site is less than 3 miles away.

continued from page 4

Hotel Information: These two hotels are within a mile of the banquet hall and one of them is walkable but not recommended.

Hampton Inn Stow, 4331 LakePointe Corporate Dr., Stow, Ohio, 44224. Ph 330-945-4160, Fax: 330-945-4170. Rate TBD+tax. Reference USA Karate HOF Group for

registration, or the online reference is KHF www.stow.hamptoninn.com. Cut-off date for the room block is February 20, 2019.

Staybridge Suites, 4351 Steels Pointe Dr., Stow, Ohio 44224 877-238-8889. Rate \$99+tax. This hotel has studio suites only. Reference USA Karate Hall of Fame. Cut-off date for the room block is Friday February 20, 2019.

continued from page 5

Zen aspects - Thought in Action

Perfect Kata. We can say the purpose of a perfect block is to prevent a successful attack and the purpose of a perfect attack is not to be successfully blocked. So, if you are doing kata against an imaginary opponent, (we are told to imagine the attacks) if we imagine we are blocking against the perfect attack, we cannot do a successful block so our block is not successful. On the other hand, if we have a perfect block, the attack must be flawed so how can we be sure our block is perfect as we are blocking an imperfect

attack? So, if the purpose of a block is not to be attacked and the purpose of an attack is not to be blocked, then what have you? This is a koan (unsolvable problem) of the Kwanmukan martial arts.

Do the kata. The result of winning or losing is supplemented to situation at hand with no concern or anticipation of the outcome. If one anticipates, who has made the first attack? To be is to see. To see is to know. To know is to be. If then what have you? Where and when and what at the precise moment fully orchestrated on the matter at hand.

43rd annual USAKF Nationals



*From the host,
Grand Master Peter Paik*

Congratulations to all those who participated in the 43rd annual USAKF National Karate Championships! Participants traveled from as far away as Hollywood, FL and we found some new friends here in Wisconsin.

We have made new friends, became friends with old acquaintances, and crowned some new national champions. We honored the veterans with a special tribute to "God Bless America."

Thank you to Master John Sperrazza, Adam Kielczewski, all the parents of our champions who volunteered their time to move things along and help

with the details and logistics, my wife Colleen Paik who was instrumental in those finer details to better serve the participants, Grandmasters and the parents.

Congratulations to all the new medalists, the karate champions, young and old, and big heartfelt appreciation to Grandmasters David Ames, Grant Campbell, Akram Geelani, and USAKF president Patrick M. Hickey, who travelled from Akron, Oh to present me with 9th degree.

Again a hearty congratulations Looking forward to doing more in the future!

The USAKF National Karate Championship was held at Waunakee High School, Waunakee, Wisc. on Sunday, Nov. 11, 2018



Continuing Kwanmukan Training Series

A special Kwanmukan Training event was held at Hickey Karate in Stow, OH. Shihan Bukala presented the afternoon Kobudo session. This is one of the continuing training series available to Kwanmukan black belts and students.



關武館



Earning their rank



Here, students at Hickey Karate Center demonstrate their skills during a recent advancement test.

2019 Major Events

March 1-3, 2019

**International Kwanmukan®
Symposium**

Hickey Karate Center
4540 Stow Road
Stow, Ohio 44224

Black Belt Extravaganza and Awards

SYB Hall
4157 Hudson Drive
Stow, Ohio 44224

March 9, 2019

**George E Anderson Memorial Dinner
and Hall of Fame Recognition**

Registration Deadline: March 3, 2019
SYB Party Center
4157 Hudson Drive
Stow, Ohio

April 2019 Date TBA

**North Coast
Championships**

Medina Senior High School,
Medina, Ohio
Contact: Shihan Jeff Ellis
ikc4karate@roadrunner.com

April 2019 Date TBA

**USA Sports Jujitsu Alliance®
Championships**

Medina Senior High School,
Medina, Ohio
Contact: Shihan Jeff Ellis
ikc4karate@roadrunner.com
and Shihan Michael Antonides
mjantonides@gmail.com

August 2019 Date TBA

**Kwanmukan Annual
Summer Festival**

Shelterhouse Picnic Area
South Chagrin Reservation Bentleyville

Kwanmukan official announcements

Congratulations to Hanshi Carl Wilcox and Hanshi Larry Overholt who were unanimously elected as co-presidents of the Kwanmukan. We are lucky to have two high quality individuals to continue to lead the Kwanmukan into the future. Their advice on matters is greatly welcomed as they are the most senior martial artists within the Kwanmukan today.

Hanshi Patrick Hickey has been re-elected to serve a five-



*Hanshi
Carl Wilcox*



*Hanshi
Larry Overholt*

year term as Director of the Kwanmukan, beginning in calendar year 2019 and running through calendar year 2023.

Kwanmukan Membership and Life Membership

Please remember to renew your dues in the Kwanmukan. The Kwanmukan has set July 1 as the renewal date for all dues. The membership database needs to be kept updated - to ensure you receive all important notifications, please make sure you register this year! Visit https://events.membersolutions.com/event_regis-

[ter.asp?content_id=70861](https://events.membersolutions.com/event_regis-ter.asp?content_id=70861) to register online.

The Kwanmukan Life Membership Program was initiated in 2012. Applications to become a Life Member can be obtained from Shihans Jeff Ellis or Larry Whelan. Membership cost is \$300 and can be paid over time.

Lessons from Hanshi

A story from Zen Flesh Zen Bones that Hanshi use to read. This goes to his view on life.

18. A Parable

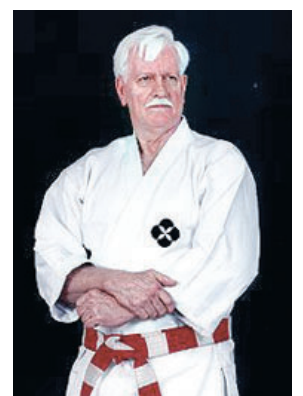
Buddha told a parable in a sutra: A man traveling across a field encountered a tiger. He fled, the tiger after him. Coming to a precipice, he caught hold of the root of a wild vine and swung himself down over the edge. The tiger sniffed at him from above. Trembling, the man looked down to where, far below, mother tiger

A Parable

was waiting to eat him. Only the vine sustained him.

Two mice one white and one black, little by little started to gnaw away the vine.

The man saw a luscious strawberry near him. Grasping the vine with one hand, he plucked the strawberry with the other. How sweet it tasted!



*Hanshi
George Anderson*