



International Kwanmukan NEWS

WINTER 2018



2018 Kwanmukan Symposium

In conjunction with United Martial Arts and the USJJF/USA-TKJ/USMAF, the International Kwanmukan Symposium will be held starting March 9, 2018 at 6:00 p.m. and continuing until March 11, 2018 at 1:00 p.m. at Hickey Karate Center 4540 Stow Road Stow, Ohio 44224. In the past Hickey Karate Center has used three training areas but this year a fourth simultaneous training area will be used. In addition, a special youth training program is available for either the morning or afternoon.

The International Kwanmukan Banquet will be held again at SYB Hall, 4157 Hudson Drive, Stow, Ohio 44224

A tentative schedule has been set:

Friday Evening

6:00-9:00 pm – Combative Program

Saturday

8:30 am – Fitness

8:45 am – Yoga

8:30 am-5:00 pm – Karate Oriented Program

includes kobudo options. 45-minute lunch free time. A schedule of Saturday's sessions will be available in the days leading up to the symposium. Session topics are subject to change.

Saturday Evening

6:30 pm – Black Belt Extravaganza

An All-Kwanmukan Workout and Demonstration is held at Hickey Karate Center and a 15-minute break is provided to report to the banquet and awards ceremony location

8:00 pm – Kwanmukan Dinner

SYB Hall, 4157 Hudson Dr., Stow, OH 44224
(in gi or business) Special presentations will be made during and following dinner.

8:45 pm - Awarding of Black Belt Certificates and Other Awards

This ceremony is the only event for the evening to make it more meaningful and more symbolic and suitable for a martial arts organization.

9:30 pm (approximately) –
Annual Kwanmukan Meeting

Sunday Morning

8:30 am – Fitness

8:30 am-Noon – Judo- and jiu jitsu-related programing, fencing and other topics

Tuition options

- Entire Symposium with Banquet \$195
- Entire Symposium, No Banquet \$157
- Friday Evening Combatives Only \$59
- Friday Evening Combatives with Saturday Banquet \$116
- Saturday Evening Banquet Only \$57
- Saturday Daytime Only, No Banquet..... \$129
- Sunday Only with Saturday Banquet..... \$117
- Sunday Only, No Banquet \$67
- Addition/Separate Banquet Cost..... \$57
- Children ages 2-10 1/2 price

(Note: Prices are controlled by banquet hall and are charged by the person whether taking dinner or not)

Recommended lodging

- Hampton Inn
4331 Lakepointe Corporate Dr
Stow, OH 44224
330-945-4160
- Staybridge Suites
4351 Steels Pointe Drive
Stow, OH 44224
330-945-4180
- Courtyard by Marriot
4047 Bridgewater Pkwy
Stow, OH 44224
330-945-9722

All options are located near the banquet hall. Training site is less than 3 miles away.

關武館

Kwanmukan Life Membership

Brian Pendleton and his wife, Marcie, traveled to San Francisco on October 14th to represent the Kwanmukan main office during the 30th year anniversary of Shihan Michael Ayers' Tsuki Kage Ryu dojo. With Shihan Ayers, Sensei Stefanacci and Sensei Rebecca Page, Pendleton taught a class in the morning and then attended a celebratory banquet that evening. Besides Ohio, people from as far away as Texas attended the event. Some people, including Shihan Ayers wife, were unable to attend the banquet because of the massive fires that were consuming the Napa Valley area and their wait for a possible mandatory evacuation (Shihan Ayers family was spared the evacuation).

Pendleton reports that one of the highlights of the trip was being able to ride in Sensei Stefanacci's car



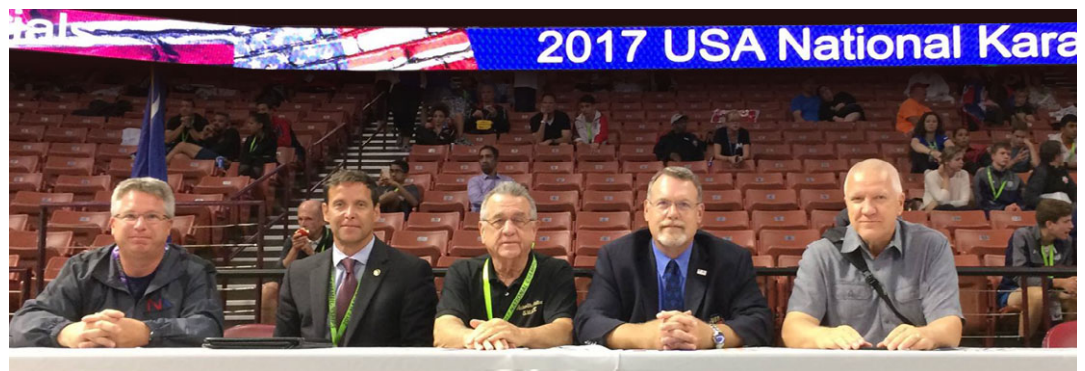
Shihans Stefanacci, Pendleton, Ayers and Sensei Page

that runs on discarded cooking oil. And, he reports, it is true that if you stand behind the car when it is revved up the exhaust smells like French fries!

USANKF Nationals, Olympic Training Camp and tournament news

The 2017 USA Karate National Championship and Team Trials were held in Greenville, South Carolina at the Bon Secours Wellness Arena July 19-23. Competition began on Thursday and concluded with the finals on Sunday evening.

Regan McNamara participated in the Senior Kumite -68kg division. After 4 matches Regan seeded fifth. As it was her final junior (under 21-years-old) competition, she decided to take a break from karate after Nationals. From Nationals, the top six competitors earned their way to the USA National Karate Team Training Camp and Championships in Colorado Springs, Colo. in January 2018. Regan was notified late in



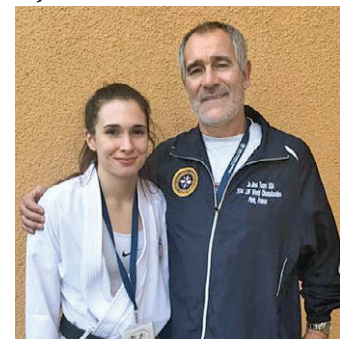
Shihan Larry Whelan, Shihan Jeff Rhodes, Hanshi Carl Wilcox, Hanshi Roger Jarrett and Hanshi Pat Hickey

November she had qualified for the fifth spot.

The weekend-long training camp and closed tournament was extremely competitive and most of the athletes in Regan's division were in the 24- to 30-year-old age range. Regan had the opportunity to spar with those she has read about and admired for years. With her short

training period, she was pleased with her performance, placing fifth in Female Kumite -68kg. She is now more driven than ever.

In attendance as officials and coaching staff were Shihan Larry Whelan, Hanshi Jeff Rhodes, Hanshi Carl Wilcox, Hanshi Roger Jarrett, and Hanshi Pat Hickey.



Shihan Lance Weimer accompanied Regan as her coach.

Hudson alternate for US Veteran Epee Team

Shihan Jeff Hudson earned a spot as an alternate on the US Veteran Epee Team for a third year in a row at National Championships held last July in Salt Lake

City. He placed 7th in the country on points. At Nationals, he seeded first out of the pools (6-0, and +19 indicator) but lost 10-9 to an unknown competitor.



Find us on 

Catch news and notifications on our facebook pages and at www.kwanmukan.us

2018 Major Events

February 19, 2018

Antonio la Salandra Seminar
Anaheim, CA,
Contact: 714-415-9599 Training
includes Japanese Jiu Jitsu,
Brazilian Jiu Jitsu & more

February 10, 2018

**USANKF National Karate
Qualifier**

March 2-4, 2018

**USA Martial Arts Federation
National Instructors Seminar**

April 14, 2018

**USA National, US Open
Jiu Jitsu Championships,
38th Mountain State
Martial Arts**

Championships

Contact: Shihan Bruce Bethers
natlhq.usjff@gmail.com or
Hanshi Roger Jarrett, USA
Martial Arts Federation
rjarrett@usamaf.com

June 22, 23, 24, 2018

**USA Martial Arts
National Training Camp**

All the above are held at
St. Albans High School,
2107 Kanawha Terrace,
St. Albans, West Virginia
Contact: Hanshi Roger Jarrett at
(304) 722-4512 or email
USAMATC@aol.com

March 9-11, 2018

**International Kwanmukan
Annual Symposium**

Contact Hanshi Patrick Hickey
pmhickey1@gmail.com.

Training -

Hickey Karate Center

4540 Stow Road

Stow, Ohio 44224

International

Kwanmukan Banquet -

SYB Hall - 4157 Hudson Drive

Stow, Ohio 44224

April 13-15, 2018

Shuri-Te Martial Arts

International Conference

Fort Mill, SC

Contact Troy Price

919-360-7224

Visit www.shuritebujutsu.com

April 29, 2018

North Coast

Championships

Medina Senior High School,

Medina, Ohio

Contact Shihan Jeff Ellis

ikc4karate@roadrunner.com

April 29, 2018

**USA Sports Jujitsu Alliance®
Championships**

Medina Senior High School,

Medina, Ohio

Contact: Shihan Jeff Ellis

ikc4karate@roadrunner.com

and Shihan Michael Antonides

mjantonides@gmail.com

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North Coast Championships slated for April 29

The competition will again be held at Medina High School on Sunday, April 29th. This event has provided tournament experience for the new and advanced competitor for over 30 years. Twenty separate events and 8 divi-

sions will provide a fairer playing field among competitors. Trophies will be awarded for 1st and 2nd place, high quality medals for third and fourth place. All others receive participation medals.

Jiu jitsu Duo and Sport

Jujitsu, BJJ Grappling will be is held as separate event during the championships. And Master A.J. Perry will direct the Korean/Tang Soo Do events. Athletes can compete in any and all disciplines as time allows.

Kwanmukan Membership and Life Membership

Please remember to renew your dues in the Kwanmukan. The Kwanmukan has set July 1 as the renewal date for all dues. The membership database needs to be kept updated – to make sure you get all

important notifications, please make sure you register this year! Visit https://events.membersolutions.com/event_register.asp?content_id=70861 to register online.

The Kwanmukan Life

Membership Program was initiated in 2012. Applications to become a Life Member can be obtained from Shihans Jeff Ellis or Larry Whelan. Membership cost is \$300 and can be paid over time.

2018 KMK Summer Festival August 18



Shihan Ellis introduces the high-ranking Kwanmukan shihans at the 2017 summer training festival.

The third annual Kwanmukan Summer Training Festival was held on Saturday, August 26th, at the Redwing Picnic Area of the Cleveland Metroparks. Three breakout sessions were held during the picture-perfect summer day. Just after the evening meal s'mores were offered and kids' games

were held, concluding with the tremendously popular tug-o-war.

The Summer Festival was established for Kyu rank members to focus on fun and training but includes special Black Belt sessions each year. The Festival is open to all KMK dojos and their students and families and is a great opportunity

to share in fellowship as summer draws to a close. Sessions are appropriate for all levels of experience, from the beginner to the advance practitioner.

If you have questions and offerings for breakout sessions, please contact Shihan Larry Feldman at lfeldman@lake-landcc.edu.

Human Trafficking program presented by Shihan Ellis

Shihan Jeff Ellis created and organized an initiative along with community leaders from the police and fire departments, Ohio State Highway Patrol, city schools, and Southwest General Hospital to make a positive difference in Strongsville and surrounding communities with human trafficking. Together in partnership with the Collaborative To End Human Trafficking, a community awareness program, was held in November at Strongsville Middle School.

Karen Walsh, the collaborative's CEO, gave an overview of what Human Trafficking looks like. One of three speakers was survivor and author Theresa Flores who was trafficked for two years. Det. John Morgan from Cuyahoga County Sheriffs Dept. told of



Shihan Ellis (far right) stands with speakers and community organization leaders.

some of the cases he has worked on in the past relayed how frequently this is happening in every neighborhood. Teresa Stafford from the Cleveland Rape Crisis Center provided more details about the victims and survivors they see, and provide services for, regarding this topic. Fourteen community ser-

vice providers were on hand offering more information. A panel including Judge Rini from the Cuyahoga County Court, who is also a Sexual Assault Nurse Examiner (SANE nurse) from Rainbow's Babies & Children's Hospital, answered questions from the nearly 200 in attendance for almost an hour.

USA dominated WCJJO World Championships in Australia

The USA Sports Jujitsu Alliance® Team dominated the 2017 World Council of Jujitsu Organizations (WCJJO) World Championships held on October 27-29, 2017, on the Gold Coast in Australia. USA dominated by taking 32 of the 44 available gold medals winning the majority of the divisions in Brazilian Jujitsu grappling (BJJ), individual sports jujitsu fighting competition including both adult and senior divisions and by taking the Men's and Women's team competition. This is the first time the USA has won the overall medal counts in the 40-year history of the WCJJO.

Leonard Settles the Alliance Team Co-Captain and veteran of 4 World Championships led the USA to victory. Settles was undefeated in the weekend of events, competing in the Masters Division, BJJ Grappling, Individual Sport Jujitsu and Men's Team competition winning 3 Individual gold and a team gold medal as well as registering a record, 11 second fast submission in the Individual men's competition.

Michael Antonides, the USA Delegate and Executive board member of the WCJJO stated "The USA Team has been training for the past 2 years and team members were selected from a pool of competitors from 4 different Jujitsu Asso-



Ohio had a large number of competitors on the team including USJJF National Coach Mike Antonides from Ashland, Competitors Tirzah Gunther, Lucas Mast and Matt Butterbaugh from the Millersburg area in Holmes County, the Alliance Head Coach and competitor Leonard Settles, and competitors Joseph Stillisano, Sarah Thompson and Anna Seymour from the Cleveland Area and AJL Coaches Shawn, Craig and Isaac Chitwood and competitors Craig Chitwood, Mark Whitman, Katie Seher, Chris Tedjeske, Johnny Jardon, Aaron Behr and Vince Cooper from the Mansfield/Columbus area. Other Competitors from the USA were from New York, North Carolina, Florida and California.

ciates participating on 2 teams." USA Sports Jujitsu Alliance and Kwon USA were able to provide some of the funding for uniforms and travel.

The USA Team competition members were made up from The American Jujitsu League, Jujitsu America, United States Ju-Jitsu Federation and The USA Sports Jujitsu Alliance®. The USA teams each entered as associations within the WCJJO competing against each other during the individual competition while the other organizations

fed players to the entering organizations. However, all were combined during the Team Competition. Antonides said "It was definitely a benefit to have the combined support from the two associations as it helped the USA dominate against the very large Australian and strong English team.

The next World Championship will be held in the USA in 2019.

The full list of medalists can be found at <https://www.usjjf.org/2017-world-jujitsu-championships.html>

USA Martial Arts Judo Jiu Jitsu Seminar



Hanshi Patrick Hickey was a guest at the USA Martial Arts Judo Jujitsu Seminar with Hanshi Roger Jarrett. The seminar was held January 20, 2018 in St. Albans, West Virginia.

Lessons from Hanshi

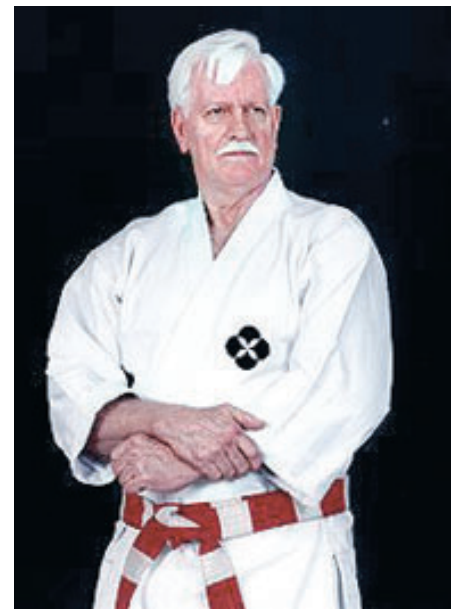
"The Kwan Mu forms were composed to present a unified practice method for various styles of karate constituting the background of the Kwanmukan. These series of forms were originated by Grandmaster George Anderson in the early seventies and were finalized in 1976. They were extrapolated from the base styles of, taekwondo, tai soo do, kwan bup, Japanese and Korean karate, and kung fu. The manner is unique in that the generally accepted internationally recognized forms of karate were re-synthesized into a series of understandable action, now called the Kwan Mu forms.

Besides having a firm technical base, these forms also represent valuable philosophical foundation. The collateral philosophies are ingeniously imbedded in the performance of the patterns and the practice of thereof will prove mentally beneficial..."

"The Kwan Mu patterns, in their totality, are only ones that any practitioners of the combat styles should have to practice. Beyond Kwan Mu, in our opinion, the paucity of technical pertinence in ordinary kata is readily apparent."

Page 245, from the 2008 compilation of the Kwanmukan Manual

Kwan Mu Exercise Patterns



*Hanshi
George Anderson*

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May 11-12, 2018
USA Aikido Association
Instructor Seminar
USA Martial Arts National Headquarters,
81 Olde Main Plaza,
St. Albans, WV 25177
Contact: Hanshi Roger Jarrett at
(304) 722-4512 or email
rjarrett@usamaf.com

May 18-19, 2018
2018 Okinawa Karatedo Summit
& Championship Tournament

Ft. Lauderdale, Florida
Contact: Shihan Grant Campbell (954) 966-8005 or
usakarate2000@gmail.com. Presented by USAKF
Okinawa Karate Kobudo Division. All Okinawa or
Japanese Karate styles are welcome to participate.
Training seminars held by top Master Instructors in
the major karate systems of Okinawa. Roundtable
discussions of senior practitioners regarding the
development of Okinawa Karatedo in both the USA
and Japan are scheduled and a championship
tournament will be held utilizing new standardized
rules from Okinawa.

June 1-3, 2018
Ohana
Reno (Sparks), Nevada

Contact Shihan Michael Antonides,
mjantonides@gmail.com. The Kwanmukan has been
invited to participate in the Ohana. It is a biannual
celebration of the Martial Arts (and other oriental
arts.) In addition to training clinics, there will also be
competition in Karate kata, weapons, and sports jiu
jitsu (new). Shihan Michael Antonides is assembling
a team to participate in the various activities (non-
competitors and competitors alike.)

August 18, 2018
Annual Kwanmukan
Summer Festival
Contact: Shihan Larry Feldman
lfeldman@lakelandcc.edu.